



VI-KIDS VENTURES

EVELYN DICKSON SCHOOL ELEMENTARY NEWSLETTER

Hadih, Bonjour, and Hello!

We are looking forward to another exciting stretch of learning and activities at EDS! This Friday, January 16th, we are thrilled to welcome the Northern Capitals for a special visit with our students. We are grateful for the opportunity to connect with community partners who inspire our learners and help build school spirit.

Our intermediate students also have a wonderful opportunity coming up with a Grade 5/6 Ski Trip to Murray Ridge on Thursday, February 5th. These outdoor experiences support teamwork, confidence, and healthy living—while making great memories together.

In addition, our students are getting an opportunity to participate in primary soccer, skating, and curling. We are truly thankful to our teachers and staff for organizing and supporting so many meaningful activities for our students. These experiences help students build skills, friendships, and a strong sense of belonging at school.

The PAC Cookbook Fundraiser is ready to be sent to the publisher! A big thank you to all families who submitted recipes—we are so excited to share this special collection. On Friday, January 16th, pre-order forms will be sent home with each student. Please be sure to return your pre-order form, as there may be limited extra copies available once printing is complete. A heartfelt thank you to our amazing PAC for organizing this wonderful fundraiser that supports our school and students!

Between January 19th–30th, Informal Learning Updates will take place for students who may be at risk of not yet meeting learning standards. During this time, teachers will be reaching out to families to share information about student progress and to discuss ways we can work together to support success.

This outreach may take many different forms, including a virtual meeting, phone call, email, written note/reflection form, Informal Learning Update form, or updates shared through SpacesEDU.

Please remember—if you have questions or concerns about your child's learning at any time, we encourage you to contact your child's teacher. If you are unsure how to connect, please contact the school office and we will be happy to help!

With gratitude,

Barb Ziler



January 15, 2026



Inside vs Outside Days

We try to be outside as much as possible before and after school and during recess and lunch play time. Appropriate outdoor clothing is important. Inside days are determined by the weather and air quality.

On snow days please ensure your child is dressed to be warm, dry and comfortable when playing outside - Winter jacket, snow boots, snow pants and mittens.

It is also a good idea to send a change of clothing.

JANUARY MENU



Student's Name: _____ Teacher: --

Total Amount:

If your child regularly receives a Hot Lunch, please check the menu for meals that they cannot or will not eat. Please provide a lunch for your child on those days. Thank you! **Cheques should be made payable to SD91**

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Winter Break "Happy Holidays" 	2 Winter Break "Happy Holidays" 	3 Winter Break "Happy Holidays"
5 Spaghetti 	6 Hot Dogs - PAC 	7 Bacon, Lettuce, Cheese Ranch Wrap 	8 Butter Chicken Lasagna 	9 Chili & Bun - Bakery
12 Corn Chowder	13 Pizza - PAC 	14 Roast Beef Sandwiches	15 Breakfast Sandwich 	16 Chili & Bun - Bakery
19 Turkey Sandwich 	20 Hot Dogs - PAC 	21 Perogy Casserole 	22 Burgers 	23 Chili & Bun - Bakery
26 Mac and Cheese 	27 Pizza - PAC 	28 French Toast 	29 Chicken Strips 	30 Chili & Bun - Bakery

February/March 2026 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
2 Pancakes and Sausage 	3 Hot Dog PAC 	4 Chicken and Rice Casserole 	5 Pizza Bagel 	6 Pro-D Day
9 Eggs and Sausage 	10 Pizza (Cheese or Pepperoni) PAC 	11 Taco Salad 	12 Mac and Cheese 	13 Ham/Turkey Sandwich Bakery Lobelle 
16 Family Day	17 Hot Dog PAC 	18 French Toast 	19 Salmon Salad Wrap 	20 Chili/Bun Bakery Lobelle 
23 Chili 	24 Pizza (Cheese or Ham & Pineapple) PAC 	25 Quesadilla  Pink Shirt Day	26 Hot Dogs	27 Ham/Turkey Sandwich Bakery Lobelle 
MARCH 2 Corn Chowder 	3 Hot Dog PAC 	4 Shake & Bake-Style Chicken Legs 	5 Turkey and Cheese Sandwich 	6 Chili/Bun Bakery Lobelle 
9 Fish Sticks 	10 ½ Day	11 Snack Plate 	12 Beef Broccoli 	13 Ham/Turkey Sandwich Bakery Lobelle 
30 Spaghetti 	31 Pizza (Cheese or Pepperoni) PAC 			

* Please note: Our kitchen is not fully vegetarian or Gluten free*

(V) indicates vegetarian option is available if pre-requested

Recreation Schedule

January 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 New Years Day	2 Winter Break - Winter Wonderland 9:30am - 3:30pm 6-12	4
Little Learners 11:00am-12:00pm 3-5Y Science Day - Winter 3:30PM-4:30PM 6-12Yrs	5 Little Movers 10am-11am 3-5Yrs Winter Crafts 11:30am-12:30pm 3-5 Winter Explore 3:30PM-4:30PM 6-12 yrs	6 Tiny Tumblers 10am-11am 0-3 Yrs Winter Explore	7 Winter Create 10:00am-11:00am 3-5Y Y Theatre 1:00pm- 2:00pm 3-5Yrs	8 Winter Art 10am-11am 3-5 Yrs Arctic Animals 11:30-12:30pm 3-5 Yrs Winter Create 3:30PM - 4:30PM 6-12	9	10
Little Learners 11:00am-12:00pm 3-5Y Science Day 3:30PM-4:30PM 6-12Yrs	12 Little Movers 10am-11am 3-5 Yrs Winter Crafts 11:30am-12:30pm 3-5 Winter Explore 3:30PM-4:30PM 6-12 Yrs	13 Tiny Tumblers 10am-11am 0-3 Yrs Winter Explore	14 Winter Create 10:00am-11:00am 3-5Y Y Theatre 1:00pm- 2:00pm 3-5Yrs	15 Winter Art 10am-11am 3-5 Yrs Arctic Animals 11:30-12:30pm 3-5 Yrs Winter Create 3:30PM - 4:30PM 6-12	16	17
Little Learners 11:00am-12:00pm 3-5Y Science Day 3:30PM-4:30PM 6-12Yrs	19 Little Movers 10am-11am 3-5 Yrs Winter Crafts 11:30am-12:30pm 3-5 Winter Explore 3:30PM-4:30PM 6-12 Yrs	20 Tiny Tumblers 10am-11am 0-3 Yrs Winter Explore	21 Winter Create 10:00am-11:00am 3-5Y Y Theatre 1:00pm- 2:00pm 3-5Yrs	22 Winter Art 10am-11am 3-5 Yrs Arctic Animals 11:30-12:30pm 3-5 Yrs Winter Create 3:30PM - 4:30PM 6-12	23	24
Little Learners 11:00am-12:00pm 3-5Y Science Day 3:30PM-4:30PM 6-12Yrs	26 Little Movers 10am-11am 3-5 Yrs Winter Crafts 11:30am-12:30pm 3-5 Winter Explore 3:30PM-4:30PM 6-12 Yrs	27 Tiny Tumblers 10am-11am 0-3 Yrs Winter Explore	28 Winter Create 10:00am-11:00am 3-5Y Y Theatre 1:00pm- 2:00pm 3-5Yrs	29 Winter Art 10am-11am 3-5 Yrs Arctic Animals 11:30-12:30pm 3-5 Yrs Winter Create 3:30PM - 4:30PM 6-12	30	31



Facility Hours
Monday-Friday • 8:00am-5:30pm
186 Columbia Street, Vanderhoof

Contact: vcc@bc.ymca.ca
(250) 570-9505
Register online: mynbc.ca

Vanderhoof Community Centre • (250) 570-9505 • nbc.ymca.ca

MORNING DROP OFF

Just a reminder that we do not have supervision in place until 8:15 a.m. If you need to drop your child off before this, please contact the office to discuss arrangements.

EMERGENCY PREPAREDNESS DRILLS

All schools participate in Emergency Preparedness Drills each year. We will have six fire drills, two lockdown practices and an Earthquake drill.

If your child talks to you about these drills, please reassure them that the practices are to ensure their safety in an emergency.



School Board Meeting

Monday, January 19, 2026
6:30 pm

**Virtual Meeting
via MS Teams**

Important Public Attendance Notice:

Members of the public are invited to attend Regular Meetings of the Board of Education.

Due to limited space and seating availability, please request your seat in advance if you wish to attend in person.

Alternatively, members of the public may attend this meeting virtually through Microsoft Teams. To take advantage of this online attendance option, please visit www.sd91.bc.ca/meeting-information for the Teams link.

To view the meeting agenda, please visit www.sd91.bc.ca/board-agendas-and-minutes.

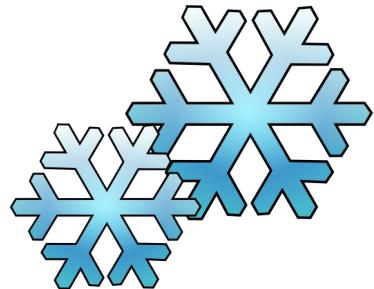
Contact:

Heather Silver

Executive Assistant to the Superintendent

250-567-2284 ext. 9003

hsilver@sd91.bc.ca





Communication with your Child's Teacher

Should you have any questions or concerns, you can always reach out to your child's teacher. If you are unsure how to **contact them, you can always call our office and leave a message. If you prefer an email**, please contact our office and we will ensure you get the information you need.



MEAL MANAGE LUNCH ORDER WINDOWS

	Open date	Close date
November menu	October 17 th	October 28 th
December menu	November 14 th	November 25 th
January menu **note: longer time due to winter break**	December 12 th	January 6 th
February menu	January 16 th	January 27 th
March menu	February 13 th	February 24 th
April menu **note: longer time due to spring break**	March 13 th	March 31 st
May menu	April 17 th	April 28 th
June menu	May 15 th	May 26 th
September 2026 menu **note: open all summer break**	June 26 th	September 13 th



Visiting our Building

Just a reminder to parents and guests that when you are visiting our building you must come directly to the office after entering the front door.

Visitors and parents are not permitted to go into classrooms or other areas of the school. Should there be a need to access the building, a visitor badge will be provided at the office.

Please contact Barb Ziler, Principal, should you have any questions.





Circle of Security

8-week Program. Space is Limited. Registration Required

The Circle of Security Parenting sessions are focused on helping parents and caregivers reflect upon children's attachment needs, to promote secure attachment with a child.

Learn how to:

- Better understand your child's emotional world & learn to read their emotional needs
- Support your child and help them manage their emotions
- Enhance the development of your child's self esteem
- Honour your child's wish to be secure

Cost:

Free

Dates:

Every Monday from January 26, 2026 to March 23, 2026

Time:

1:00pm - 3:00pm

Location:

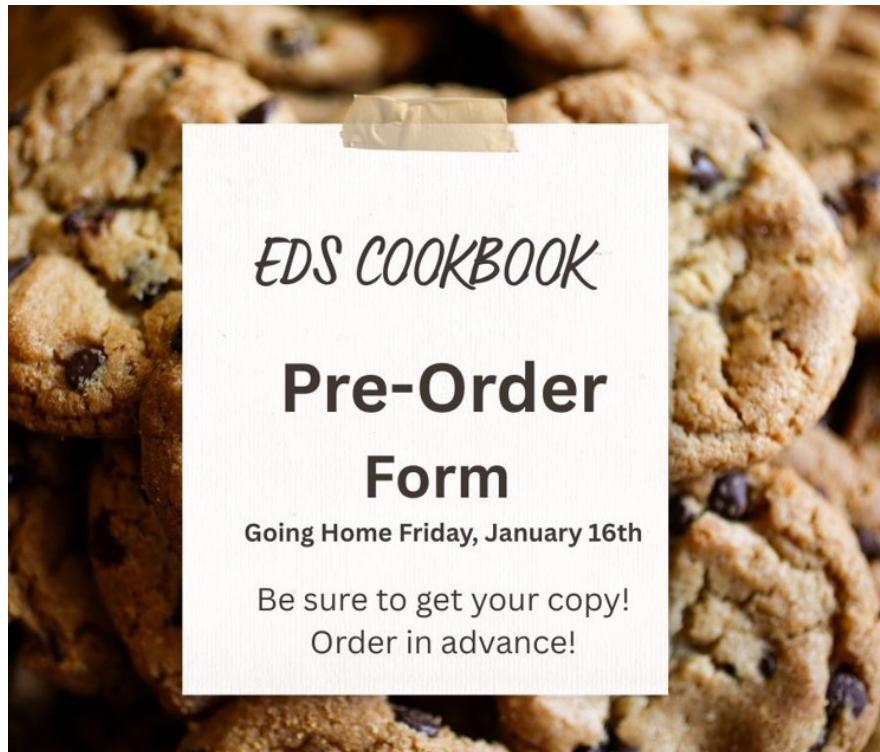
157 Victoria Street West, Vanderhoof
(Connexus Board Room)

To register or for more information, contact:

Julie-Ann Johnson

Ph: (250) 567-7553

email: jjohnson@connexus.ca

EDS COOKBOOK

Pre-Order Form

Going Home Friday, January 16th

Be sure to get your copy!
Order in advance!

**mabel's labels
FUNDRAISING**

SUPPORT OUR FUNDRAISER



Buy Mabel's Labels waterproof, durable labels to help reduce classroom mix-ups and keep your items coming home.

Use code
BACKTOLABELS15
for 15% OFF
your purchase!



→ Go to campaigns.mabelslabels.com and search for
Evelyn Dickson School (Vanderhoof)

Use code BACKTOLABELS15 for 15% off your purchase. Exclusions apply. Cannot be combined with other offers. Valid through October 31, 2025.

ARE YOUR CHILDREN MISSING CLOTHING?

OUR LOST & FOUND TABLE IS GETTING VERY FULL!

PLEASE LABEL YOUR CHILDREN'S CLOTHING! MABEL'S LABELS ARE A GREAT WAY TO DO THIS.



PAC—Meal Manage



There are now two options for our hot dogs that the PAC serves.

The options are either:

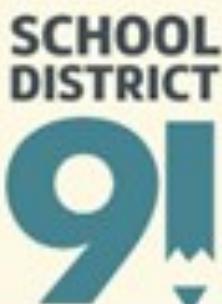
1 — All Beef

2 — Regular Hot Dogs

NECHAKO LAKES SCHOOL DISTRICT

KINDERGARTEN REGISTRATION

SEPT 2026



****NEW DATE for 2026****
Registration Opens:
February 2nd

**Registrations accepted for
for children born in 2021**

Parents/Caregivers can register at
their local catchment school office

**QUESTIONS:
CONTACT YOUR LOCAL
SCHOOL OFFICE**





Feeding Futures – Nechako Lakes: January Update

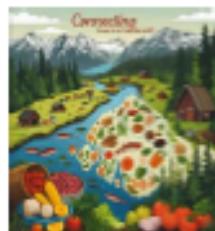
Dear Parent/Guardian,

Happy New Year!

The year 2025 was exciting for school food programs throughout the country. While programs are still young in development, it is inspiring to hear about food programs in each school district. Each one has unique challenges and opportunities. The news of the *National School Food Program* becoming permanent led to meetings with stakeholders from coast to coast to learn, collaborate and plan for the future of school food in Canada.

Following the news, and stories of 2025, the year 2026 brings excitement for the longevity of school food programs. Locally, the school districts along Highway 16 have been collaborating since the beginning of *Feeding Futures*. The collaborative work has led to key initiatives for the upcoming year to enhance school food programs throughout the Highway 16 corridor:

- The Ministry of Education and Child Care has awarded a procurement grant. The funds from this grant will be used to determine the resources, opportunities and needs to develop a feasible food distribution route which benefits and connects the Highway 16 school districts, including Haida Gwaii.
- The Public Health Association of BC (PHABC), Ministry of Social Development and Poverty Reduction and the Ministry of Agriculture have each awarded grants to plan a networking event, which is taking place in April. This event is being planned with Farm2School BC. It will bring stakeholders of the Northern B.C Food System together to create new connections and potential distribution pathways for our regionally produced/processed products.



These initiatives will positively impact the food programs within the Nechako Lakes school district.

In Focus - Feeding Futures Guiding Principle

Feeding Futures has five guiding principles. Each newsletter will focus on one. The focus this time is:

“Flexible, adaptable and respectful of local contexts.”

This guiding principle acknowledges the uniqueness of each school district and each school. Food programs at each school do vary as a result.



- Grassy Plains and Francois Lake schools have access to groceries via a partnership with *The Link*, which delivers items from the *Fresh for Kids* program every Monday.
- All other schools have access to food through a pre-existing distribution route using Shopper's Wholesale. This supplier was used by some schools prior to Feeding Futures, and expanded as it was able to service all the schools.
- Schools like Evelyn Dickson, Grassy Plains, William Konkin and Decker Lake offer lunch in collaboration with the PAC. Programs may be daily, weekly or bi-weekly.
- Francois Lake, Mapes and David Hoy offer food items through a central, accessible fridge, which can have an assortment of items.
- Decker Lake and William Konkin elementary schools have a daily sign-up for lunches.



- WL McLeod, Sinkut View, Evelyn Dickson, and Fraser Lake Elementary-Secondary School and Babine Elementary-Secondary School offer a pre-ordered, paid and plated lunch.
- Lakes District Secondary, Nechako Lakes Secondary and Fort St James Secondary offer a concession with a daily lunch entrée and selection of sides usually including a fruit and vegetable.
- Mouse Mountain offers a daily salad bar.



Other items

Schools are always looking for new recipes and meal ideas. If you have one, please share. Recipes of interest include: pasta dishes, stir-fries, and vegetarian options.

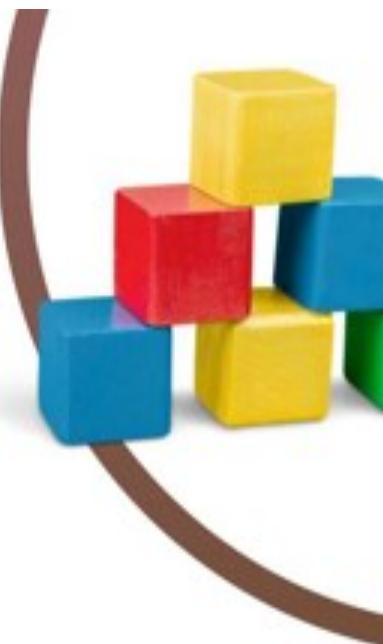
Kind regards,

Robyn Turner-Klopper, RD

Food Programs Manager, School District 91 – Nechako Lakes



EARLY YEARS SCREENING FAIR



DATE: **January 21, 2026**

TIME: **02:00 pm to 04:30 pm**

PLACE: **Gospel Chapel**

For Ages: **3 - 4 y/o**

**LEARN WHAT EARLY YEARS
SERVICES ARE AVAILABLE
IN YOUR COMMUNITY.**

- Hearing Screening
- Vision Screening
- Immunizations
- Ages & stages questionnaire screening
- Get your developmental questions answered!

**\$ 50 GIFT CARDS
TO BE WON !!!**

HOSTED IN
PARTNERSHIP BY:

